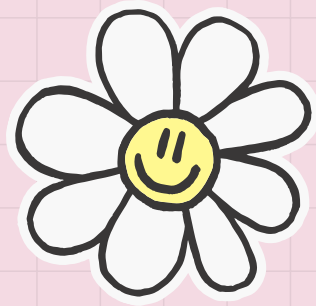




WAYS TO BE KIND AT SCHOOL



Listen to a friend if they need to talk

Compliment a friend when they do something well

When playing with friends, include everyone (never leave anyone out)

Let your friend go first when playing a game

If you see a student fall over or get hurt, stop to help them

Share your school supplies (pen, pencil, ruler) with a classmate who is without

Offer a hug to a friend who is sad or crying

Allow someone to go in front of you next time you are in line

Help a classmate out with their school work (if they are having difficulties)

KINDNESS

TRACKER



Colour in a smiley face each time you perform an act of kindness

Name: _____

Kindness is...

5 Acts of Kindness I promise to try at School

1

2

3

4

5
