



Thank you for downloading the dinner planners and weekly shopping list.

They were all created in A4 size, portrait. You simply print them out and start using them.

The answer to having a week of stress-free dinners is to plan ahead. When you know what you'll be cooking, and have all the ingredients, everything runs so much smoother!

I hope you find them easy to use and super helpful.

With best regards,  
Alli x

## *What's for Dinner?*

## *Need to buy*

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Monday

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Tuesday

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Wednesday

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Thursday

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Friday

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Saturday

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Sunday

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 \_\_\_\_\_  
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## *What's for Dinner?*

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

## *Need to buy*

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# Weekly Shopping List

## FRUIT / VEGETABLES

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## DAIRY / REFRIGERATED

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## MEAT / FISH / DELI

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## FROZEN

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## BAKERY / PANTRY

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## BATHROOM / BEAUTY

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## DRINKS

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## CLEANING / HOUSEHOLD

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## PETS / OTHER

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