



Thank you for downloading the Kindness Activity Pages for your little girl.

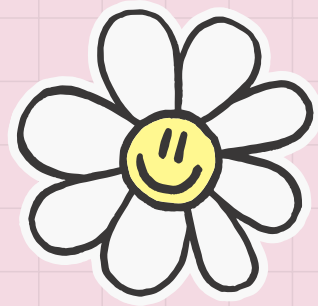
The pages are all A4 in size. You simply print them out and give them to your daughter to complete.

I hope she enjoys them!

Kind Regards,
Alli x



WAYS TO BE KIND AT SCHOOL



Listen to a friend if they need to talk.

Compliment a friend when they do something well.

Include everyone when playing with friends (don't leave anyone out).

Let a friend go first when playing a game.

If you see a student fall over or get hurt, stop to help them.

Share your school supplies (pen, pencil, ruler) with a classmate who is without.

Offer a hug to a friend who is sad or crying.

Allow someone to go in front of you next time you are in line.

Help a classmate out with their school work (if they are having difficulties).



Name: _____

Kindness is...

5 Acts of kindness I promise to try at School

- 1 _____

- 2 _____

- 3 _____

- 4 _____

- 5 _____

KINDNESS

TRACKER



Colour in a smiley face each time you perform an act of kindness

ALWAYS BE KIND

